



THOUGHT SOLUTIONS

A little bit of - 4 Thought Solutions - can go a long way



SEXUAL HEALTH NEWSLETTER

Welcome to the May edition of the 4TS newsletter about what is going on in the field of sexual health and contraception. Hope everyone enjoyed the long break

It appears that despite everyone's hard work young people continue to put their health at risk. While headlines continue to place emphasis on the statistics about young people we must bear in mind that there is also an increase in older age groups as well. We must question why have people stopped listening to the safer sex message.

More than 2,000 15-year-olds were infected with chlamydia last year after having under-age, unsafe sex, part of a rising incidence of sexually transmitted infections (STIs) among children.

Detection rates for chlamydia have increased more than 40-fold since 2003 when a national screening programme was introduced, new figures show.

A total of 2,020 teenagers screened positive for the infection while below the age of consent in 2008, compared with 1,176 cases the previous year and just 52 in 2003.

The Government said that the rise was due to more teenagers being tested, but the Liberal Democrats, who obtained the figures in answer to a parliamentary question, accused ministers of complacency about children's sexual health.

http://www.timesonline.co.uk/tol/life_and_style/health/article6318571.ece

This year National Condom Week finished on the 24 of May. Clinical service and voluntary sector personnel worked hard to drive home the safe sex message. Durex (<http://www.durexsurvey.co.uk>) commenced a massive survey into the sexual habits

of the Brits. The British Sex Survey which covers everything from safer sex to what's hot and what's not!

An award winning doula service that provides support for vulnerable pregnant women, has received funding to provide the service in eight more locations in Britain. [The Goodwin Volunteer Doula Service](#), based in the Fenchurch Street Children's Centre, Hull and established in 2006, has helped nearly 200 women and their children.

The service-operated through the Goodwin Development Trust- trains volunteers to be 'doulas' or birthing partners for women who have inadequate support from late pregnancy to six weeks post-natal. The Government is set to provide £270,000 over three years to allow for its expansion.

<http://www.nursingtimes.net/5000758.article>

Women's preferences about the way their baby should be delivered varies throughout pregnancy, a study has shown.

The study, carried out by experts at the University of Central Lancashire and the University of Liverpool, found that women's preferences for vaginal birth or cesarean delivery on maternal request (CDMR) were influenced by practical circumstances and changed throughout their pregnancies.

Most women preferred vaginal birth but put health concerns such as safety of the baby and circumstances such as the course of their labour, and the practices of midwives and obstetricians they encountered over preference.

The study tracked 454 women accessing NHS care for the first time, and was the first study of women's views of CDMR in the UK to follow the same group of women from their antenatal booking appointment to 12 months after the birth.

<http://www.nursingtimes.net/5000764.article>



There has been a number of articles this month around the issue of IVF treatment.

For anyone who has visited the plush offices of a private IVF consultant, arriving at the HQ of FertilityCare may seem underwhelming. Housed in a small, flat-roof extension of a Victorian building on a side street in Leamington Spa, Warwickshire, the rooms are small, sparsely furnished and anonymous; there is no sign of the obligatory pinboard crammed with snaps of babies — a reassuring testament to any clinic's success rate. "We haven't got round to putting that up yet," says Dr Anne Carus, the medical consultant, apologetically. The company has been in its new offices for a only few months.

FertilityCare does not offer IVF to its clients, but is the UK's biggest provider of NaPro Technology, or Natural Procreative Technology (NPT). Developed and still mainly taught at the Pope Paul VI Institute in Nebraska, NPT is offered to couples as an "ethical alternative" to assisted reproductive techniques. As it is a Roman Catholic organisation, the couples must be married. There is no egg selection, no donor insemination and no embryo wastage.

It has been embraced enthusiastically in countries with large Catholic populations, such as the US, the Irish Republic and Poland, and claims to have a success rate that equals or even betters that of IVF, but promises to be much less invasive. Now, after years on the fringes of fertility treatment, NaPro is slowly establishing itself in Britain.

http://women.timesonline.co.uk/tol/life_and_style/women/families/article6342054.ece

Neighbours of a 66 year old woman who is soon to become Britain's oldest mother have described their shock at the news of her pregnancy she is four years older than the country's previous oldest mother. Most British clinics will not offer IVF treatment to women over the age of 50

. <https://www.express.co.uk/posts/view/101477>

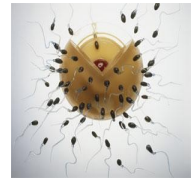
A fertility doctor claims to have transferred cloned human embryos into the wombs of four women in an attempt to create the world's first cloned baby

While the transfers have not led to a viable

pregnancy American doctor Panayiotis Zavos said he had successfully transferred 11 out of 14 cloned embryos. <http://www.nursingtimes.net/5000717.article>

The fertility menu

Eat your way through this lot to boost your sperm.



For the full article go to:

<http://www.menshealth.co.uk/Sex-&-relationships/boost-fertility-expectant-fathers%2C-fathers-rights-paternity-testing-sperm-donation/227914/v3>

Alternatively for those guys looking to prevent pregnancy there is an interesting article about the Male Contraceptive Injection go to:

<http://www.nhs.uk/news/2009/05May/Pages/Contraceptivejabformen.aspx>

The GUNA Spring Clinical Meeting, a joint event with the University of Stafford, took place on Saturday 2nd May, at Stafford University, the theme of the Clinical meeting was female health issues. It was a successful meeting and the organisers are to be congratulate for their skill at arrange another informative meeting. . The Autumn meeting is October 17th in London <http://guna.org.uk/>



GENITO-URINARY
NURSES
ASSOCIATION

Forthcoming Events

To book onto these events please use the contact details listed



<http://www.menshealthweek.org.uk/>



Visit this web site to access the Resource pack for Men's Health Week which begins on 15th June 2009

The mens Health Forum are giving away free copies of their mini manual on Domestic

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Capita's 6th National - Tackling Sexual Violence Conference

Prevention, Prosecution and Rehabilitation

Thursday 18th June 2009 – Central London

Booking reference is TSDM

Contact david.moffat@capita.co.uk

<http://www.capitaconferences.co.uk/OurConferences/Police/Sexual+Violence+09.htm>

Capita's 8th National

Children's Centres Conference

Thursday 16th July 2009 – Central London

<http://www.capitaconferences.co.uk/OurConferences/LocalGovernment/Children's+Centres.htm>

Previously Listed Events

RCN Sexual Health Forum conference and exhibition - Changing attitudes in sexual health past, present and future Saturday 20 June 2009, Holborn Bars, Holborn, EC1

http://www.rcn.org.uk/newsevents/event_details/rcn_events/rcn_sexual_health_forum_conference_and_exhibition

North West Contraception & Sexual Health Group

AGM is planned for 24th October 2009, at St Josephs Hospice, Thornton, Nr Crosby

Please note change of venue

E mail nwcash@googlemail.com



Training:

Remember Thought Solutions Ltd provides training programmes these range from, workshops, single days or tiered programmes. So please contact us to

discuss your organisations sexual health training needs info@4thoughtsolutions.co.uk

Sales of SNAP CLAP a card game to introduce STI's and Co have been brisk and there has even been an enquiry from Canada. This fun and versatile resource is suitable for training workshops, educational settings, with a range of professional and non-professional groups. Check out the website for more information <http://www.4thoughtsolutions.co.uk/pr.html>



Sexual Health Skills Helping achieve the Strategies University of Greenwich This course was originally a distance learning course it has been running as a e-learning course for two semesters and has been extremely successful. Eileen Turner, 020 8331 9160 (or post it to her, at the University of Greenwich, School of Health and Social Care Office, Mary Seole Building, Avery Hill (Southwood) Campus, Eltham, London SE9 2UG)

Jobs: check out the following website <http://www.cypnow.co.uk/Careers/>

This newsletter is for you if you have any questions, research or audits you would like assistance with or if you would like to contribute news items, event listings, vacant positions, items of interest then please email any contributions directly to the editor at info@4thoughtsolutions.co.uk

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